

# Single Bed Certification and no bed report (SBC) quarterly update

Quarter 3, 2021

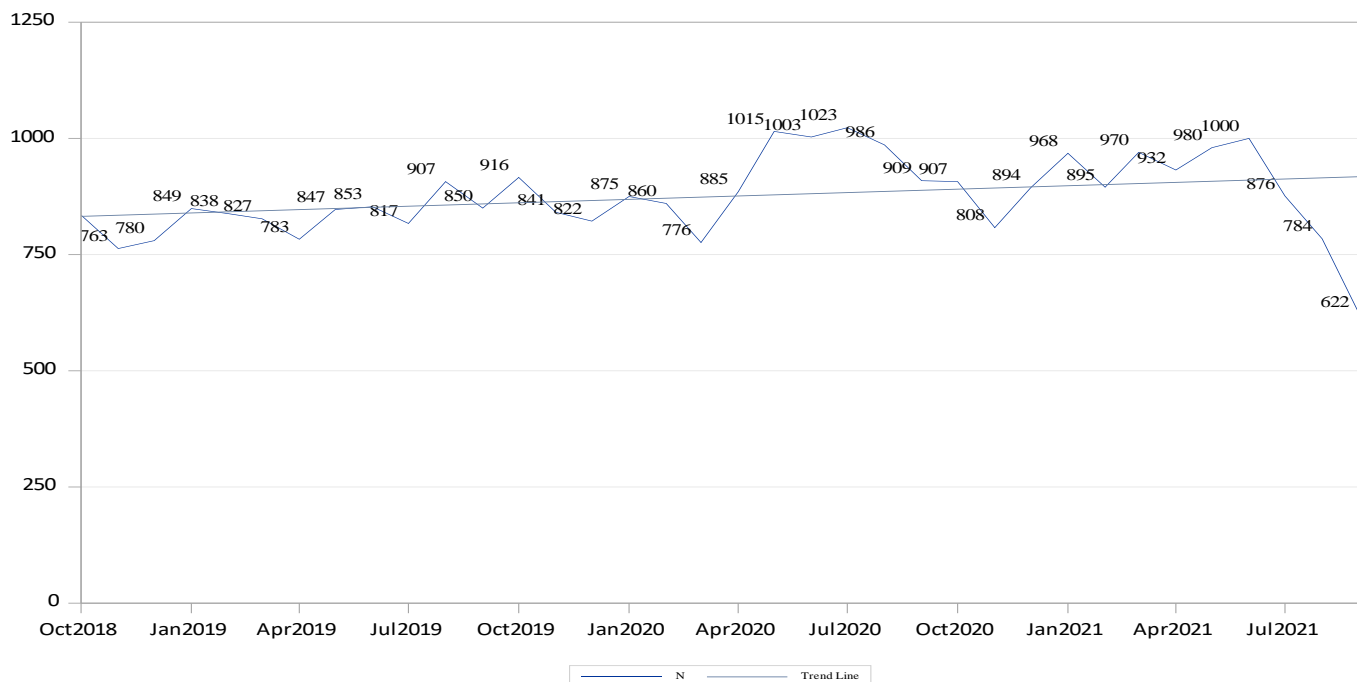
## General

A Single Bed Certification (SBC) allows a person to be detained under the mental health criteria of the Involuntary Treatment Act when there are no available certified Evaluation and Treatment (E&T) facility beds. The detained person is able to temporarily receive involuntary inpatient mental health treatment services from a licensed facility that is not currently certified as an E&T facility for up to 30 days, under WAC 182-300-0100. Behavioral Health Administrative Support Organization (BH-ASO) or its designee (Designated Crisis Responder) must submit a written request for the SBC to the local state hospital. The SBC rule requires the facility named in the SBC be willing and able to provide timely and appropriate mental health treatment in order to not be considered boarding; which was found to be a violation of a person's civil liberties in the Supreme Court decision, *In re detention DW et al.*

Some data has been redacted to meet HIPPA and state privacy guidelines.

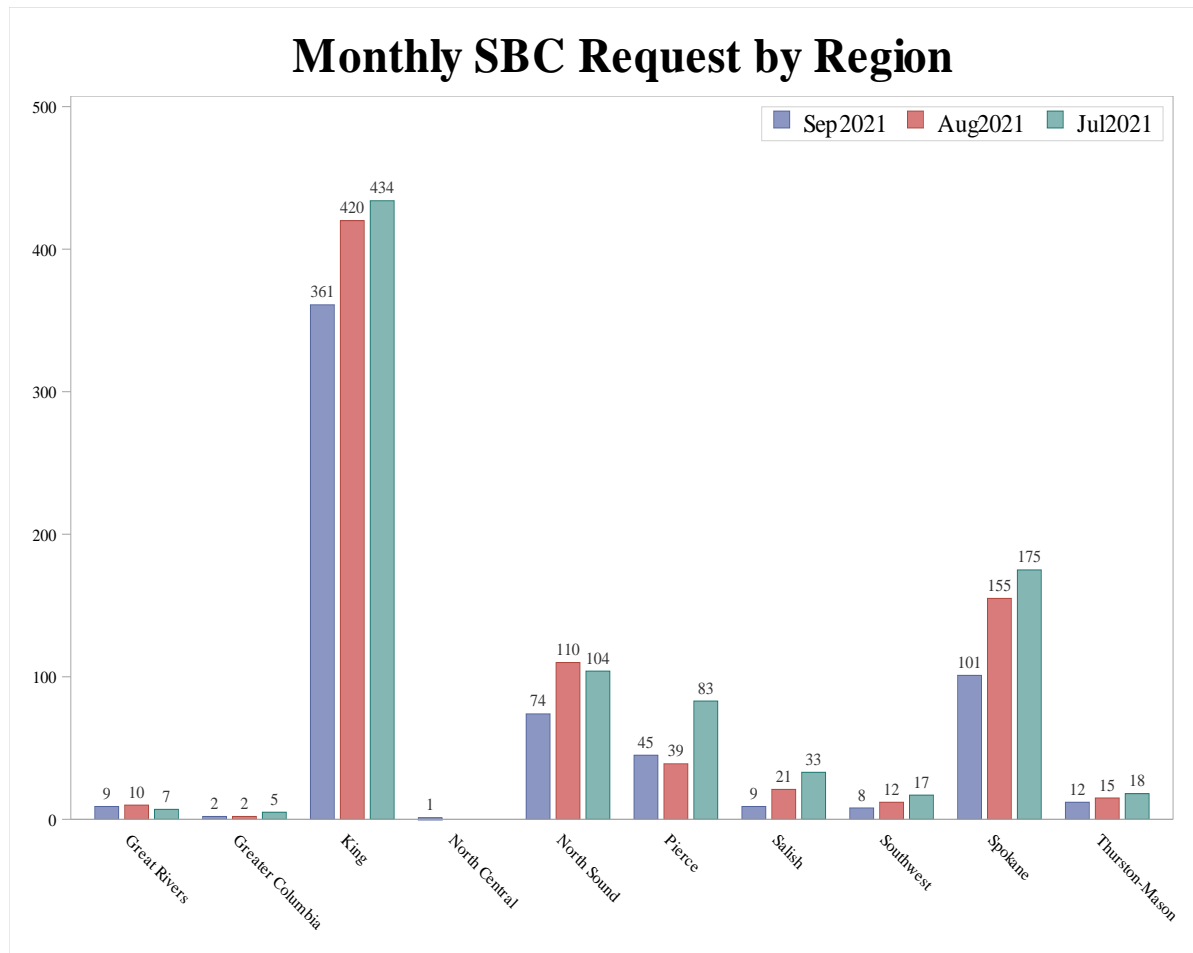
## Monthly SBC count

Monthly SBC Count, Last Three Years



## Regional use of SBC

The use of SBCs experienced a dramatic decrease in this quarter. This correlated with the implementation of HB 1310. All ITA evaluations, detentions and placements have decreased on a similar scale across Washington state.





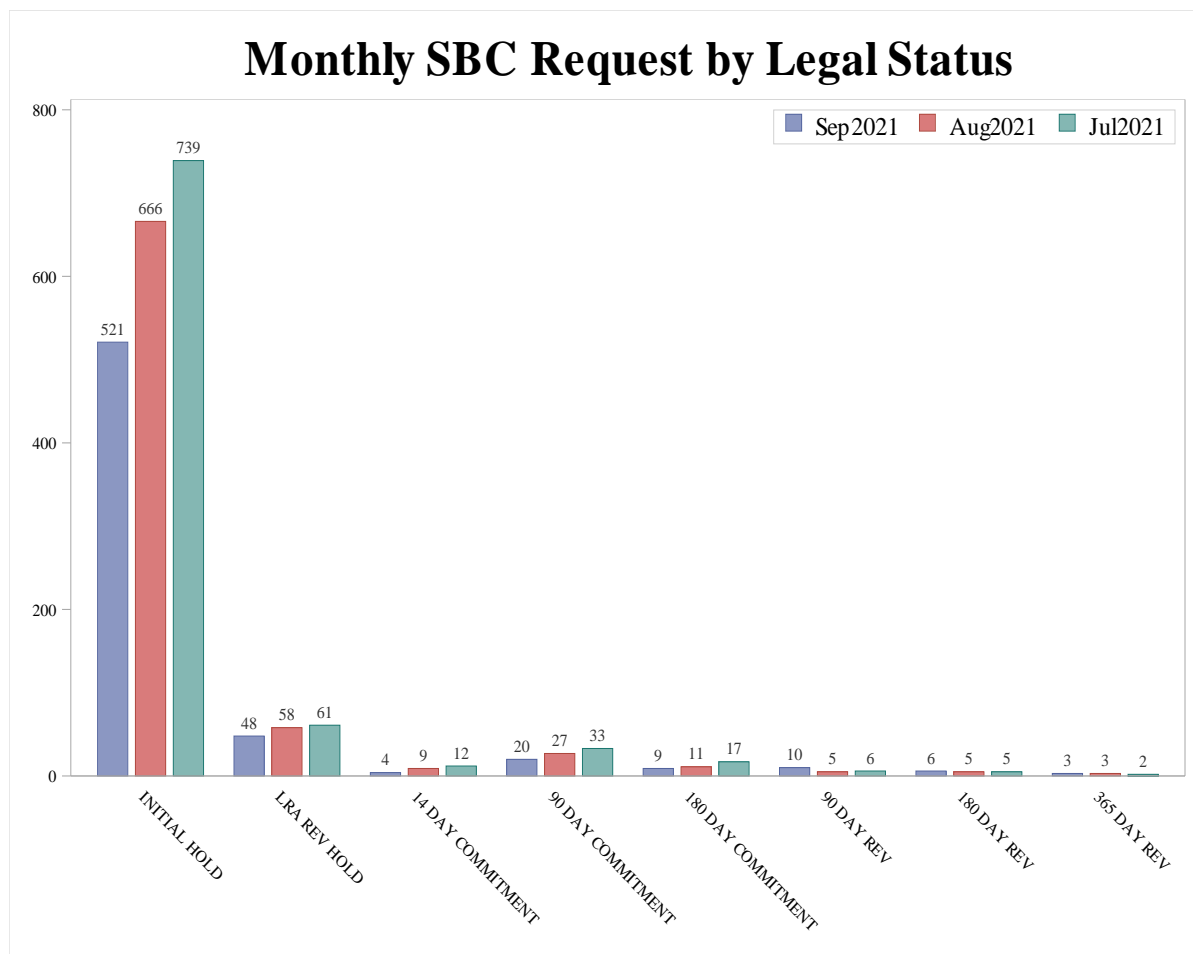
### SBCs by adult and youth

The use of SBCs by adults has seen a decrease over the past few months.



### SBC use by legal criteria statewide

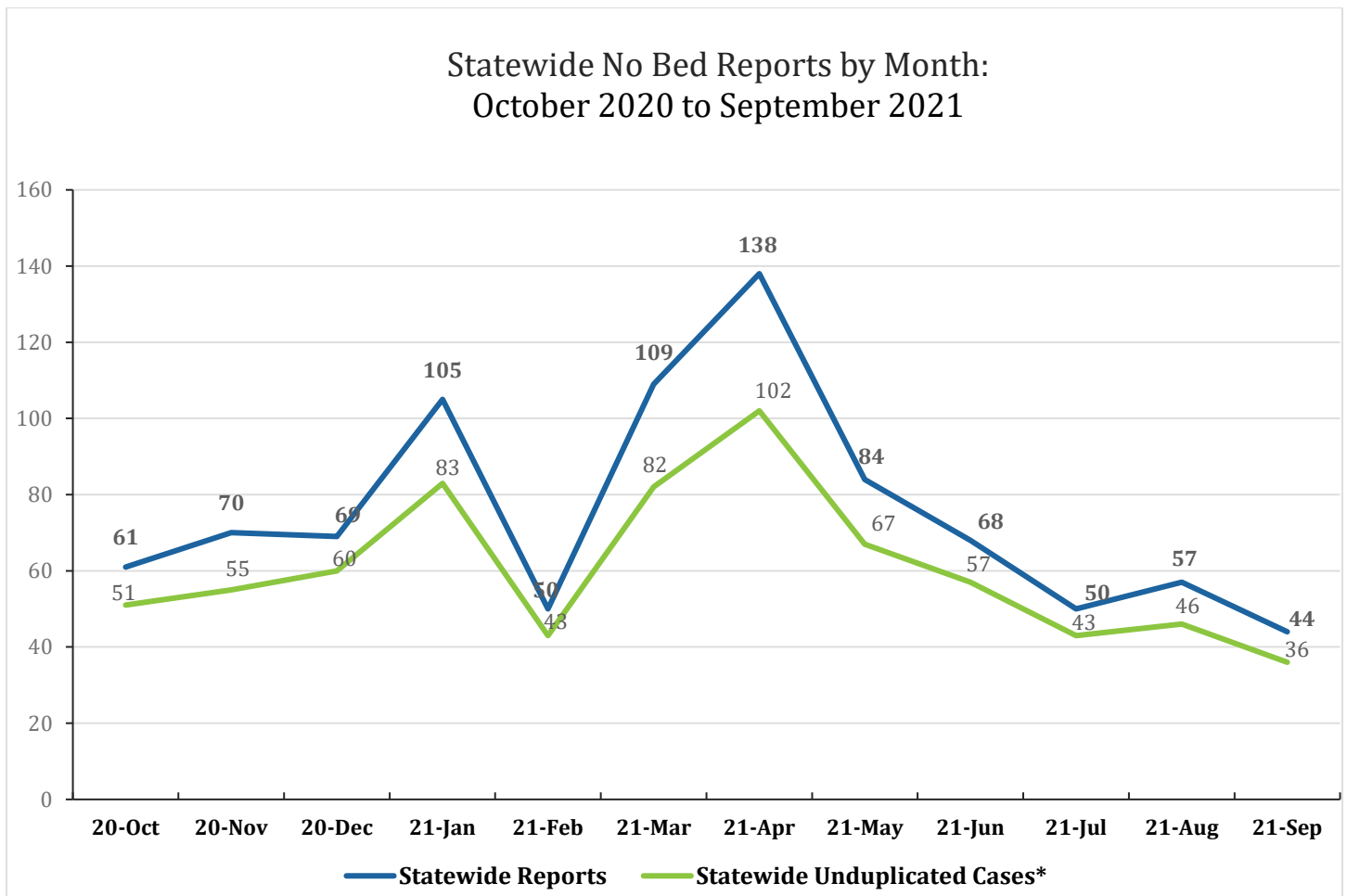
SBCs are also used when an E&T facility is unable to transfer its patient with an order for 90 or 180 days more restrictive involuntary treatment to one of the state hospitals. The SBC allows the E&T facility to provide long-term involuntary treatment temporarily. As proportionally consistent, most of the SBCs are for 90-day commitment orders for involuntary inpatient treatment. The same general trends of decreasing across each month are present in almost every Legal Status category.



### Unavailable detention facility reports

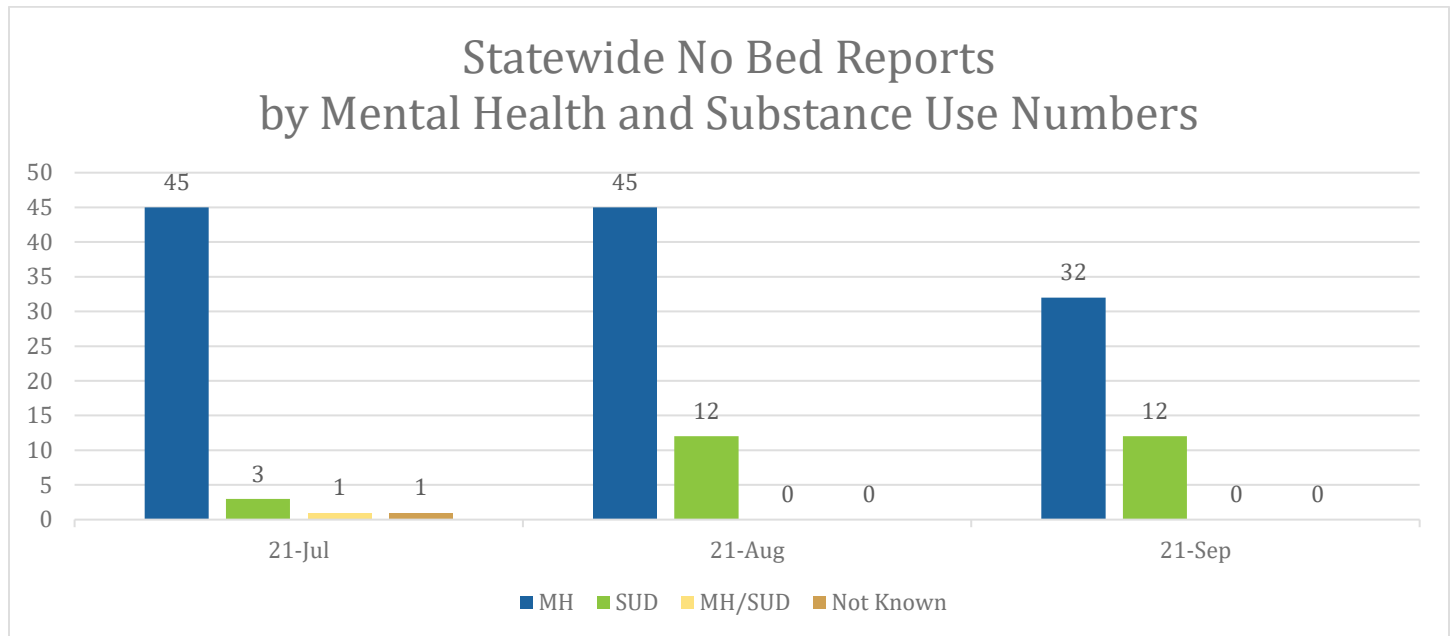
When a Designated Crisis Responder determines a person meets criteria for involuntary inpatient treatment due to a mental disorder or a substance use disorder, but is unable to detain the person at risk due to the lack of an available bed at an E&T facility or a Secure Withdrawal Management and Stabilization facility, and the person cannot be served by the use of SBC, the Designated Crisis Responder is required to make a report to the authority within 24 hours stating they were unable to detain the person due to the lack of a certified involuntary inpatient treatment bed.

No Bed Reports have seen a marked decrease over the past two quarters after a record high in April 2021.



## Statewide no bed reports by mental health and substance use numbers

In this quarter there were 71 no bed reports for substance use and 212 no bed reports for mental health.



## No bed reports by county

There was a severe decrease across all regions for the amount of No Bed Reports being issued.

